



Reading List for Grades 6, 7 & 8

These titles include information about sex, reproduction, consent, sexual abuse/assault, gender identity, sexual identity/orientation, and puberty. The age ranges listed are the publishers' recommended ages. Please review books you're considering to ensure you're comfortable with the content.

Puberty, Reproduction & Sexuality for All Bodies

- **It's Perfectly Normal: Changing Bodies, Growing Up, Sex & Sexual Health** – R.H. Harris (11+)
- **Puberty is Gross but Also Really Awesome** – Gina Loveless & Lauri Johnston (10-12+)
- **Sex is a Funny Word: A Book about Bodies, Feelings and YOU** – C. Silverberg & F. Smyth (8+)
- **Wait What? Comic Book Guide to Relationships, Bodies & Growing Up** – H. Corinna, I. Rotman (10+)
- **You Know, Sex: Bodies, Gender, Puberty & Other Things** – C. Silverberg & F. Smyth (12+)
- **You-ology: A Puberty Guide for Every Body** – Melisa Holmes & Trisha Hutchison (9-12+)

Puberty, Reproduction & Sexuality Based on Sex Assigned at Birth

- **Everything You Always Wanted to Know About Puberty & Shouldn't Be Googling** – M. Katz (10+)
- **The Care and Keeping of You 2: The Body Book for Older Girls** – Cara Natterson (10+)
- **Welcome To Your Period** – Melissa Kang & Yumi Stynes (10+)

Gender Identity & LGBTQ+ Representation or Focus

- **Flamer** – Mike Curato (14+)
- **Frankie and Bug** – Gayle Forman (11+)
- **Hurricane Child** – Kacen Callender (9-12+)
- **Ivy Aberdeen's Letter to the World** – Ashley Herring Blake (10+)
- **The Best at It** – Maulik Pancholy (9-12+)
- **Zenobia July** – Lisa Bunker (10-13+)

Consent (including content about abuse/assault)

- **Fighting Words** – Kimberly Brubaker Bradley (12+)
- **Moxie** – Jennifer Mathieu (13+)
- **Rules for Being a Girl** – Candace Bushnell, Katie Cotugno (13+)
- **Saints and Misfits: Book 1** – S.K. Ali (13+)