



Reading List for Grades 4 & 5

These titles include information and stories about sexual orientation, gender identity, consent, reproduction, families, and puberty. The age ranges listed are the publishers' recommended ages. Please review books to ensure you're comfortable with the content.

Puberty, Reproduction & Sexuality for All Bodies

- **Brilliant Questions about Growing Up: Simple Answers About Bodies & Boundaries** – A. Forbes-Robertson & A. Fryer (8-12+)
- **Puberty is Gross but Also Really Awesome** – Gina Loveless & Lauri Johnston (10-12+)
- **Sex is a Funny Word: A Book about Bodies, Feelings & YOU** – C. Silverberg & F. Smyth (8+)
- **Wait What? A Comic Book Guide to Relationships, Bodies & Growing Up** – H. Corinna & I. Rotman (10+)
- **What Makes a Baby** – Cory Silverberg & Fiona Smyth (3-8+)
- **You-ology: A Puberty Guide for Every Body** – Melisa Holmes & Trisha Hutchison (9-12+)

Puberty, Reproduction & Sexuality Based on Sex Assigned at Birth

- **Bunk 9's Guide to Growing Up: Secrets, Tips & Expert Advice on the Good, the Bad & the Awkward** – Nuchi & Hunt (9+)
- **Celebrate Your Body (And It's Changes Too!)** – Sonya Renee Taylor (8+)
- **Go With the Flow** – Karen Schneemann & Lily Williams (9-12+)
- **Growing Up Great: The Ultimate Puberty Book for Boys** – Scott Todnem (8+)
- **Guy Stuff: The Body Book for Boys** – Cara Natterson (9-11+)
- **Own Your Period** – Chella Quint & Giovana Medeiros (9-12+)
- **The Care and Keeping of You 2: The Body Book for Older Girls** – Cara Natterson (10+)
- **Welcome To Your Period (Welcome to Your Body!)** – Dr. M. Kang, Y. Stynes & J. Latham (10+)

Bodily Autonomy, Boundaries & Consent

- **Consent (For Kids!) Boundaries, Respect, and Being in Charge of YOU** – Rachel Brian (6+)
- **Don't Hug Doug (He Doesn't Like it)** – Carrie Finison & Daniel Wiseman (3+)
- **Let's Talk About Body Boundaries, Consent & Respect** – Jayneen Sanders (5+)

Gender Identity & LGBTQ+ Representation or Focus

- **A Family is a Family is a Family** – Sara O'Leary & Qin Leng (4-7+)
- **I'm a Girl** – Yasmeen Ismail (3-6+)
- **In Our Mothers' House** – Patricia Polacco (6-8+)
- **Jacob's New Dress** – Sarah Hoffman (4-8+)
- **Julian is a Mermaid** – Jessica Love (4-8+)
- **Pearl Power + The Girl with Two Dads** – Mel Elliot (6-8+)
- **Stella Brings the Family** – Miriam B. Schiffer (5-8+)
- **The Every Body Book: The LGBTQ+ Inclusive Guide for Kids About Sex, Gender, Bodies & Families** – Simon & Grigni (8-12+)
- **The Gender Wheel: A Story About Bodies and Gender for Every Body** – Maya Gonzalez (7-10+)
- **They She He Me: Free to Be!** – Maya Gonzalez, Matthew Sg (8-12+)